

Eighth Annual

Focus on

Gynecologic Cancers Conference

Presented By:



8:30 am

Registration

Continental Breakfast/Visit Exhibits

Grand Garden

9:00 am

Welcome

Stephen Rubin, MD, Conference Chair

Joseph Carver, MD, Chief of Staff, Abramson Cancer Center

Grand Garden

Upcoming Cancer Center Events

Tricia Brunning, Senior Director of Development, PENN Medicine

9:20 am

General Session

Grand Garden

Keynote Speaker

Breaking the Silence: Taking Charge of Your Health

April Donahue

Ovarian Cancer Survivor

President, National Ovarian Cancer Coalition (NOCC)

Co-Chair, NOCC Medical Advisory Board



Questions?

- *Speakers will take questions after their presentations*
- *To ask your question, please step up to the microphones located near the center of the room*

Audio and pictures from this conference will be available on PennHealth.com/Abramson within two weeks.

9:50 am

Gynecologic Cancers 101

Grand Garden

Our experts will cover important information on the range of gynecologic cancers including: ovarian, uterine, cervical, vaginal, and vulvar. Learn about the latest advances in prevention, genetics, and diagnosis, as well as, surgical, medical and radiation treatment options.

Stephen Rubin, MD

Lilie Lin, MD

Sarah Kim, MD

11:05 pm

Break/ Visit Exhibits

11:20 am

Gynecologic Advocacy Award

Grand Garden

Presented to *Kristen Varley* for her outstanding dedication to improving the quality of life for gynecologic cancer survivors.

11:30 am

Research Means Hope

Grand Garden

Hear about our innovative "Center for Research on Early Detection and Cure of Ovarian Cancer," which is conducting exciting research, including a recently launched ovarian cancer vaccine. The vaccine is the first individualized ovarian cancer vaccine. Early findings suggest that the vaccine may induce a potent anti-tumor immune response in patients. You'll also hear about the development of a blood test to detect ovarian cancers at early stage. Early detection is critical since early tumors can be successfully treated and potentially cured.

George Coukos, MD, PhD

12:10 pm

Lunch/ Visit Exhibits

Borghese Garden

1:10 pm

De-Mystifying Cancer Clinical Trials

Grand Garden

Learn how trials are actually conducted, and about promising trials available at Penn. You'll receive information on the goals of these trials; and how, if successful, they will help in treating gynecologic cancers.

Christina Chu, MD

Kelly Rauh, Ovarian Cancer Survivor, Clinical Trial Participant



Questions?

- *Speakers will take questions after their presentations*
- *To ask your question, please step up to the microphones located near the center of the room*

Audio and pictures from this conference will be available on PennHealth.com/Abramson within two weeks.

Sponsor

The Abramson Cancer Center thanks our sponsor for their generous support

Saks Fifth Avenue's "Key to the Cure" Shopping Event

Please visit our Exhibitors

Abramson Cancer Center

- Patient Education
- Clinical Trials
- Penn Medicine Development
- OncoLink[®]

Breathing Room Foundation

Complementary Therapy Providers

- ***Susan Budenstein*** - Massage Therapist
- ***Ellen Rotman*** - Reiki Master
- ***Tobi Goldberg Maguire*** - Reiki Master

Crossing the Finish Line

Gifts from Hearts 2 Soul

National Ovarian Cancer Coalition

Penn Home Care and Hospice

Sandy Rollman Ovarian Cancer Foundation

Richard Weeder, MD author of *The Key to Cancer*

The Wellness Community of Philadelphia

Audio and pictures from this conference will be available on PennHealth.com/Abramson within two weeks.

2:00 pm

CONCURRENT WORKSHOPS

*Please select from the following workshops.
Most workshops will be offered twice.*

Workshop A: Taking Charge of Your Care

Borghese Garden

Information is the key to taking charge of your care and managing your healthcare team. Our team of cancer information and patient support specialists will provide practical information on taking charge of your care, including:

- Talking with your medical team; especially some of those difficult topics
- Keeping track of your appointments, treatments, and progress
- Developing a survivorship care plan that will give you the information you need to face the future
- Navigating the emotional journey

Maggie Hampshire, RN, BSN, OCN

Mia Benson Smith, MS

Kelly Zapata, BSN, RN

Workshop B: Help for Caregivers and Spouses

Haverford

In this workshop you will receive information and practical advice to help you deal with caring for a loved one. Topics include: coping with symptoms, how to be a good caregiver, pitfalls of care giving, how to find information and support, positive things you can do to help your loved one, end of life issues and what to do when things don't go as you planned.

Joseph Straton, MD, MSCE

Alicia Marini, MSW, LSW

Workshop C: For Young Women: Help in Coping with Gynecologic Cancer

Gladwyne

This session will provide information to help younger women cope emotionally with the unique challenges they may face. Topics will include; relationships, sexuality and career to name a few.

Margaret Lazar, MS, MSW, LCSW

JoAnn Hulnick, MEd

3:00 pm

Workshop A: Managing Physical Symptoms

Borghese Garden

Effective symptom management can be the key to feeling better again. This workshop will provide valuable information on what you can do to manage and cope with the physical side effects of gynecologic cancer and its treatment. Topics include: gas pain, ascites (fluid in abdomen), pain (including pelvic pain), lymphedema, fatigue and low white blood counts.

Rebecca Smith, MD, MS

Nicole Dugan, DPT, CLT

Maureen C. Bonnell, RN

Christina Hopkins, RN

Workshop B: Survivor Stories: Personal

Haverford

Insights from Gynecologic Cancer Survivors

Every survivor knows something that can benefit another. Our diverse panel will provide inspiration and hope by sharing their personal stories.

JoAnn Hulnick, MEd

Margaret Lazar, MS, MSW, LCSW

Workshop C: Sexuality, Intimacy and Fertility

Gladwyne

Dr. Coons and Ms. Branas will provide information and strategies to help you cope emotionally and physically with your intimate relationships. Dr Gracia, our fertility expert, will update you on the latest advances in this field and what it means for you.

Helen L Coons, PhD

Clarisa Gracia, MD, MSCE

Andrea Branas, MSE, MPT

Workshop D: Complementary Therapies to
Ease Symptoms

Grand Garden

Our experts in nutrition and pharmacology will provide practical advice about how to incorporate complementary approaches into your life to ease symptoms and help create a sense of well being.

Karen Wagner MS, RD, LDN

Jennifer Davis, PharmD, BCOP

4:00 pm

Closing



Ladies gifts are Compliments of the
Estée Lauder Companies, Inc



Free of Charge

Complementary Therapy Providers

*During the conference our complementary therapy providers will be available to do massage and Reiki. You can find them in the back of the Main Room, stop by to sign up for a **FREE** session.*

Susan Budenstein - Massage Therapist

Ellen Rotman - Reiki Master

Tobi Goldberg Maguire - Reiki Master



Evaluations

At the end of the day, please return your evaluation to the Registration Table or drop-off on the table in your workshop room.



Photographs and Audio Recording

Photos will be taken for our newsletters and websites.

The conference will be recorded for podcasting on our website PennHealth.com/Abramson.

If you do not want to be included, please let us know.

*The Abramson Cancer Center
Gratefully Acknowledges Donor Support to the
Focus on Gynecologic Cancers Conference*

Courtney and Steven Kapp

*Contributing to the Abramson Cancer Center's
8th Annual Focus on Gynecologic Cancers Conference*

Like every patient, each donation we receive is important.

Individual sponsorships are available to support our Focus of Gynecologic Cancers annual conference.

Please consider a donation at any of the following levels:

- *Friends \$10 - \$499*
- *Circle of Hope \$500 – \$999*
- *Patient Care Society \$1,000 – \$2,499*
- *Faculty Society \$2,500 – \$4,999*
- *Benefactor \$5,000 – \$9,999*
- *Director's Society \$10,000 and above*

You can learn about the Abramson Cancer Center, our gynecologic cancers program and more about how you can contribute, by visiting our website at www.pennhealth.com/abramson.

- *click Make a Donation on the upper right hand corner of the page*
- *In the SECTION entitled "this gift is in honor of," please type "Patient Conference"*
- *or call Tricia Bruning at (215) 898-1033.*

Conference Faculty from the Abramson Cancer Center and Guests of the University of Pennsylvania

CONFERENCE CHAIR

Stephen Rubin, MD is a Professor, Obstetrics and Gynecology (Gynecologic Oncology) and Chief, Division of Gynecologic Oncology. Dr. Rubin is a nationally recognized expert in the treatment of gynecologic cancers, and he has a special interest in the multidisciplinary management of gynecologic malignancies. He has authored more than 170 publications on gynecologic cancer. He has edited several textbooks including *Ovarian Cancer* published by McGraw-Hill, and the Society of Gynecologic Oncologists *Handbook of Chemotherapy of Gynecologic Malignancies* by Lippincott-Raven Publishers. Dr. Rubin's most recently published textbook is *Cervical Cancer and Preinvasive Neoplasia* also from Lippincott-Raven Publishers. He has extensive experience in clinical research in gynecologic malignancies and has conducted clinical trials of the use of monoclonal antibodies in ovarian cancer. Dr. Rubin presently serves on the Ovarian Cancer committee of the Gynecologic Oncology Group (GOG). He also serves on the Editorial Board of the journal *Gynecologic Oncology* and *OncoLink*, the Abramson Cancer Center's award winning cancer information resource on the Internet. He is currently on the program committee of the Society of Gynecologic Oncologists (SGO) and the American Society of Clinical Oncology. In 1997, Dr. Rubin was appointed to a six year term on the American Board of Obstetrics and Gynecology's Division of Gynecologic Oncology. Dr. Rubin is a graduate of the University of Pennsylvania School of Medicine, and did his residency and fellowship at Penn. He returned to the Medical Center in 1993 after eight years on the faculty of Memorial Sloan-Kettering Cancer Center, where he was Program Director of the Gynecologic Oncology Fellowship.

SPEAKERS

Mia Benson-Smith, MS is a Patient Support Specialist in the Department of Patient and Family Services at the Abramson Cancer Center. Working primarily with the gynecologic cancer patients, but also with the head and neck cancer patients, she serves as a consistent, reliable contact for patients and their family members throughout their diagnosis treatment and follow-up care. She also co-facilitates the American Cancer Society's "Look Good Feel Better Program" at the Hospital of the University of Pennsylvania.

Maureen Bonnell, RN is a nurse in the Department of Nursing in the Division of Women's Health at the Hospital of the University of Pennsylvania.

Andrea Branas, MSE, MPT is a Site Supervisor and the Team Leader in pelvic floor rehabilitation at Penn Therapy & Fitness at the University of Pennsylvania Health System. As the lead clinician for the pelvic floor rehabilitation group at Penn Therapy and Fitness, Andrea focuses on enhancing the well-being of men and women who have pelvic floor dysfunctions such as urinary incontinence and pelvic pain. Andrea serves as an adjunct lecturer in the Arcadia Universities doctorate of physical therapy program. Andrea received her Masters degree in Physical Therapy from the University of the Sciences in Philadelphia in 1998 and her Masters of Science in Engineering degree from the University of Pennsylvania in 1991.

Joseph Carver, MD is the Chief of Staff of the Abramson Cancer Center and the Chief Operating Officer of the Abramson Family Cancer Research Institute of the Abramson Cancer Center of the University of Pennsylvania. He is a Board Certified cardiologist and serves as a Clinical Professor in the Division of Cardiology at the University of Pennsylvania. His clinical practice is in the subspecialty of Oncologic Cardiology. Dr. Carver is the Founding Editor of the *American Journal of Managed Care* and was a Senior Corporate Medical Director at Aetna U.S. Healthcare from 1992-2001 where he was responsible for new program development and directed the National Medical Excellence Program. From 1999-2001, he was Co-chairperson of the New Jersey and Michigan Working Groups that established voluntary agreements among the insurers in those states to cover the routine costs of clinical trial participation for cancer patients.

Audio and pictures from this conference will be available on PennHealth.com/Abramson within two weeks.

Christina Chu, MD is an Assistant Professor, Obstetrics and Gynecology (Gynecologic Oncology) at the Abramson Cancer Center. She earned her MD at the University of Pennsylvania School of Medicine and currently specializes in the surgical management of gynecologic cancers and complex benign disease. Her research interests focus on clinical trials for the evaluation of novel immunotherapies for gynecologic malignancies. She is currently conducting trials using vaccines to attempt to prolong remission in patients with ovarian cancer, and is developing immune therapies using T cells to treat chemotherapy resistant ovarian cancer. She also conducts studies combining traditional chemotherapies with novel small molecules, antibodies, and gene therapy for the treatment of gynecologic malignancies.

Helen Coons, PhD, ABPP is a licensed clinical psychologist who specializes in clinical and health psychology and women's mental health. She is the founder of Women's Mental Health Associates, a program that provides an integrated approach to addressing the ongoing mental health needs of women. Dr. Coons is a clinical associate professor of psychiatry at Drexel University College of Medicine, and adjunct faculty in the Department of Psychiatry at Pennsylvania Hospital. She is well known for her commitment to women's health and to research-based health care. She speaks nationally and regionally to psychologists, physicians and other health care providers as well as community audiences on interdisciplinary care and psychosocial issues in women's health and mental health. Dr. Coons routinely provides care to women with early and advanced cancers, and serves as a consultant to the Joan Karnell Cancer Center at Pennsylvania Hospital, which is part of the University of Pennsylvania Health System.

George Coukos, MD, PhD, is a tenured Associate Professor in the Division of Gynecologic Oncology and also directs the Gynecologic Malignancy Research Program at the University of Pennsylvania. He earned an MD (cum laude) from the University of Modena (Italy), and a PhD (Reproductive Biology) from the University of Patras School of Medicine (Greece). He completed his Obstetrics and Gynecology residency and a clinical fellowship in Gynecologic Oncology at the University of Pennsylvania and is Board-certified in both. He has served as Director of Gynecology Service, Veteran's Administration Hospital, Philadelphia. Dr. Coukos is best known for his effort and contributions in translational research on understanding the immune system's response to ovarian cancer. Dr. Coukos' findings provide the first proof that a spontaneous immune response against the tumor dramatically impacts the clinical course of ovarian cancer. He is currently involved in preclinical research focused on the development and optimization of combinatorial biological therapies and is involved in clinical trials testing immune therapies against ovarian cancer. Dr. Coukos's contributions to Ovarian Cancer have been widely acknowledged with awards from academia and technical and professional societies. He is the recipient multiple awards including the American Association for Cancer Research (1998), Basic Science Research Award, Berlex Foundation, and ABOG Scholar, American Association of Obstetricians and Gynecologists Foundation award (2000), Gynecologic Cancer Foundation (2001), Translational Science Award, Sidney Kimmel Foundation (2002), Schwid Award, Gynecologic Cancer Foundation and Liz Tiberis Award, Ovarian Cancer Research Fund (2003). He was awarded Celso Ramon Garcia Chair in Reproductive Biology in 2004 and Greenfield Award for "Excellence in Ovarian Cancer Research", in 2005. Dr. Coukos is involved in numerous collaborations bridging academia, industry and federal institutions in the interest of research.

Jennifer Davis, PharmD, BCOP is a Clinical Oncology Pharmacy Specialist at the Hospital of the University of Pennsylvania. She graduated from Butler University in Indianapolis, IN and from there she completed a pharmacy practice residency and then an oncology specialty residency at Virginia Commonwealth University. Jennifer is board certified in oncology pharmacy. Jennifer works with the oncology nurse practitioners and other oncology medical teams to care for bone marrow transplant patients, leukemia, lymphoma, and other types of cancers. She serves as a preceptor for pharmacy students and pharmacy residents while on their oncology rotations.

April Donahue is an ovarian cancer survivor. She is President of the National Ovarian Cancer Coalition (NOCC); Co-Chair, NOCC Medical Advisory Board. Since being diagnosed with ovarian cancer at the unusual age of 24, Ms Donahue has worked to raise awareness of ovarian cancer and its subtle symptoms. She is a founding member of the Philadelphia Division of the National Ovarian Cancer Coalition (NOCC) and served as its President from 1999 until 2003 at which time she became a national board member and eventually the national president of NOCC in 2007. She is also a member of the Consumer Advocates in Research and Related Activities (CARRA) program sponsored by the National Cancer Institute, where she strives to present the patients point of view and to advocate on behalf of patients

Audio and pictures from this conference will be available on PennHealth.com/Abramson within two weeks.

during research and communication reviews. April is also an advocate with the ovarian SPORE (Specialized Program of Research Excellence) program in Philadelphia.

Nicole Dugan, DPT, CLT-LANA is a lead physical therapist at Penn Therapy & Fitness at the University of Pennsylvania Health System. She specializes in pelvic floor rehabilitation, lymphedema and cancer rehab, and manual therapy. She serves as an adjunct lecturer at many academic physical therapy programs in the Philadelphia region. Nicole received her Master of Physical Therapy in 1997 and Doctor of Physical Therapy in 2003, both degrees from Temple University. She is a Certified Lymphedema Therapist through the Lymphedema Association of North America since 2001.

Clarisa Gracia, MD, MSCE is an Assistant Professor of Obstetrics and Gynecology at the University of Pennsylvania. She completed her fellowship in Reproductive Endocrinology and Infertility at Penn and currently sees patients at Penn Medicine at Radnor. As part of her practice, she cares for patients with a variety of gynecologic conditions and infertility. This includes the counselling and care of patients diagnosed with cancer. In addition, she is actively involved in clinical research in the area of reproduction. She is particularly interested in reproductive aging and is currently conducting a study assessing measures of ovarian aging in childhood cancer survivors.

Maggie Hampshire, BSN, RN, OCN is the Managing Editor of *OncoLink*, the Abramson Cancer Center's award winning website. She received her Bachelor of Science in Nursing from Georgetown University in 1988. She has been named as a Distinguished Community Member by Sigma Theta Tau, the International Nursing Honor Society and is a certified oncology nurse. She has focused her entire career on combining oncology nursing and Internet based education. Her work with *OncoLink* enables her to expand the reader's knowledge of the cancer care continuum thus assisting *OncoLink* to fulfill its mission by educating patients, families, and other interested parties. She is dedicated to making *OncoLink* the best possible cancer-related website on the Internet and has branched out to print media with the recent publication of *The OncoLink Patient Guide: Colorectal Cancer*.

Christina Hopkins, BSN, RN is a nurse in Women's Health of the Gynecology Oncology Department. She received her Bachelor of Science in Nursing from LaSalle University in 2005. She also obtained a bachelor's degree in Speech Pathology from Bloomsburg University in 1999. Tina is board certified in chemotherapy.

JoAnn Hulnick, MEd is the Manager, Patient Services Program, Department of Patient and Family Services at the Abramson Cancer Center. Working primarily with the breast cancer population, Ms. Hulnick provides continuity of care by serving as a consistent, reliable contact for patients and their family members throughout their diagnosis, treatment and follow-up care. She also provides patient education on community and health system support services, transition within the health system and resolution of individual issues and concerns. She has also served as a patient advocate on the Ovarian Cancer Registry and Human Genome advisory boards and committee member on the American Cancer Society Reach to Recovery Program.

Sarah Kim, MD is an Instructor in the Department of Obstetrics and Gynecology at the Hospital of the University of Pennsylvania. She received her medical degree at SUNY, Upstate Medical University of Syracuse. She did her residency and fellowship at the Hospital of the University of Pennsylvania. Dr. Kim is board certified in both Physical Medicine & Rehabilitation and pain management and cancer rehabilitation. She is a member of the American College of Obstetricians and Gynecologists, the Society of Gynecologic Oncology, the American Society of Clinical Oncology, and the American Medical Association.

Margaret Lazar, MS, MSW, LSW is the Director of Patient and Family Services and a licensed social worker. She has worked in a variety of treatment settings, providing individual, couple and group therapy with people with both psychiatric and medical illness and has worked at the University of Pennsylvania Health System since 1989.

Lilie Lin, MD is an Assistant Professor in the Department of Radiation Oncology at the Abramson Cancer Center. She received her medical degree and training at Washington University in St. Louis. Dr. Lin has authored several publications on the treatment of patients with gynecologic cancer using radiation therapy with a focus on endometrial and cervical cancer. She treats both gynecologic and lung malignancies at the Abramson Cancer Center. Her research

Audio and pictures from this conference will be available on PennHealth.com/Abramson within two weeks.

interests include image-guided radiation therapy and the use of novel imaging techniques to assess tumor response to radiation.

Alicia Marini, MSW, LSW received a bachelor's degree in Sociology from the University of Pennsylvania. She completed field placements at The Consortium, Inc. and the Joan Karnell Cancer Center at Pennsylvania Hospital. She is the founder of CityStep, organization that introduces public school youth to the performing arts as an outlet for creative self-expression, a tool for building self-esteem, and a means to mutual understanding.. At Wissahickon Hospice she serves as a social worker for patients with all types of diagnosis where she is also works with the Inpatient Hospice Program.

Rebecca Smith, MD, MS is Assistant Professor of Rehabilitation Medicine and directs the Cancer Rehabilitation Program at the Abramson Cancer Center of the University of Pennsylvania. Dr Smith received her MD from St. George's University School of Medicine. She did her residency at Temple University Hospital and completed her fellowship at Harvard Medical School. Dr. Smith is board certified in both Physical Medicine & Rehabilitation and pain management and cancer rehabilitation.

Joseph Straton, MD, MSCE is an Assistant Professor in the Department of Family Medicine and Community Health at the University of Pennsylvania and is an Assistant Professor in the Department of Anesthesiology and Critical Care. He is the Associate Director of the department's research-focused Faculty Development Fellowship program. He is actively engaged in research, clinical, and educational initiatives at the University and the health system that focus on improving symptom management and end-of-life care for people with advanced disease. He is the principal investigator of a project assessing the preventable causes of early rehospitalization for people with cancer and is a co-investigator on federal and state supported projects investigating psychosocial outcomes for persons with cancer. In 2003, Dr. Straton co-founded and now co-directs the interdisciplinary Symptom Management and Palliative Care (SYMPAC) consultation service at the Hospital of the University of Pennsylvania (HUP) which provides pain and symptom management expertise for inpatients at HUP. Dr. Straton was recently appointed the Chief Medical Director of Wissahickon Hospice, a division of Penn Home Care and Hospice Services. In his role as Chief Medical Director, he has developed and implemented in new inpatient hospice program for patients served by the UPHS hospitals. Dr. Straton is is the President of the Board of Directors for the American Cancer Society's Southeast Region of the Pennsylvania Division.

Karen Wagner MS, RD, LDN is a clinical dietitian specialist at the Abramson Cancer Center, where she has been working with women with gynecologic cancers since June 2006.

Kelly Zapata, BSN, RN is a nurse at Inpatient Gyn/Oncology Unit and the outpatient Gyn/Oncology Chemotherapy suite. She graduated from West Chester University in 2001 where she obtained a Bachelors of Science in Nursing.

COMPLEMENTARY THERAPY PROVIDERS

Susan Budenstein, MA is a national certification Medical Massage, 1986. Susan is on the faculty of the American Society on Aging National Conferences lecturing on wellness, self-care and the 'Value of Touch'. She is the official therapist for the world class modern dance series at the University of Pennsylvania, Annenberg Center. Her clients include Michel Baryshnikov's troupe and the Martha Graham dancers.

Ellen Rotman, Reiki Master has been doing Reiki for over 15 years. She has performed Reiki for patients undergoing chemotherapy at the Rena Rowan Breast Center at the Hospital of the University of Pennsylvania. Ellen has participated as a speaker during the Focus on Melanoma conference and for first year students at the School of Medicine of the University of Pennsylvania.

Tobi Goldberg Maguire, BS, MT ASCP is a certified Reiki Master and a research scientist at the Abramson Family Cancer Research Institute. She is a breast cancer survivor since 2001. Tobi has been trained and used various energy modalities with a concentration on Reiki healing since the early 1990's. She has participated in Penn's cancer Conferences since 2004.

Audio and pictures from this conference will be available on PennHealth.com/Abramson within two weeks.

Gynecologic Cancers Treatment at the Abramson Cancer Center

1-800-789-PENN (7366)

The Abramson Cancer Center of the University of Pennsylvania's long-standing program for gynecologic cancers is nationally recognized for its treatment capabilities and research efforts.

The Penn Difference

- Physicians who are experts in gynecologic cancers and related diseases and who have helped develop many of the standard treatment approaches used today throughout the country.
- A patient-centered philosophy to make sure patients and their family get the needed care and support.
- A team approach, so that all of the patient's physicians, nurses, and other health care providers work closely to make sure you get the best possible care.
- A clinical trials program that offers new approaches to treatment at all levels of progression.
- A nationally renowned basic science program approved by the National Cancer Institute that immediately brings research advances to the patient care setting.

Education and Supportive Care Services at the Abramson Cancer Center

Patient Support Specialists

Patient Support Specialists are available to support and assist cancer patients and their families throughout the cancer experience. They provide emotional support to patients and families as well as locate educational and community resources.

Nutrition Counseling

The Cancer Center's Dietitians assess individual nutritional status, review personal nutrition practices, provide advice on diet and nutrition therapies, and can provide education about herbs, cancer diets, and supplements.

Psychosocial Counseling

A diagnosis of cancer and its treatment can be stressful for both patients and their families. Cancer Counselors provide support, coping techniques and interventions to address personal and relationship issues during the cancer experience.

Complementary Medicine

Our Cancer Center sponsors a range of services and educational workshops throughout the year that help patients and families cope with the cancer experience and improve their overall sense of well being. Examples include acupuncture and stress management.

Pain and Symptom Management

Our Penn pain and symptom management experts are experienced in helping people with cancer address problems such as pain, nausea and fatigue.

Rehabilitation

During the course of your care, Penn's Cancer Rehabilitation team is here to help your recovery if needed. The team is comprised of physiatrists and physical and occupational therapists that specialize in treating people with cancer.

Penn Home Care and Hospice Services

The University of Pennsylvania Health System has dedicated home care and hospice services available to all cancer patients should the need arise during your course of treatment.

Audio and pictures from this conference will be available on PennHealth.com/Abramson within two weeks.